

PROFIL

TRAINER

Specializing in one-on-one and group personal fitness training in the comfort of your own home, office or gym.

Paul Fanuka

Certified Personal Fitness Trainer through the American Council on Exercise(A.C.E)

Education:

Camden County College Blackwood, NJ Associates Degree in Health and Physical Education

Experience:

- Certified fitness trainer through the American
 Council on Exercise
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- Trained individuals in a gym environment and at their homes since the year 2000.

Hobbies and Interests:

 I enjoy rollerblading and weightlifting, as well as reading and playing with my children.

Quotes and Thoughts:

- "It didn't take you a day to get like this and it won't take a day to get back."
- "I'll help you reach your goals and make it fun on the way."
- "The best routine is a fun routine."

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